


July 2021 Breakfast/Snack Menu	
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Waffles Strawberries Melon Rice Cakes Water	2 Grits & Cheese Apples Tater Tots Milk	3
	5 Center Closed In celebration of the 4 th of July Holiday	6 Bagels & Cream Cheese Apples Yogurt Graham Crackers Water	7 Cereal & Banana's Muffins Milk	8 Pancakes & Strawberries Melon Rice Cakes	9 Croissant Oranges French Fries Milk	10
11	12 Biscuit Apples String Cheese Crackers	13 Blueberry Bread Oranges Soy butter Tortilla	14 Cereal & Banana's Pizza Bagel Water	15 Waffles Strawberries Melon Rice Cakes	16 Muffins Melon Tater Tots Milk	17
18	19 Cinnamon Toast Apples Cubed Cheese Crackers Water	20 Bagel Cream Cheese Oranges Apple sauce Graham Crackers Water	21 Cereal & Banana's Cheese Bread Water	22 Pancakes & Strawberries Fruit Salsa & Tortilla Chips Water	23 Croissant Oranges French Fries Milk	24
Last week of student's attending Whelan Children's Center						
25	26	27	28	29	30	31
* It has been my pleasure working with the children and families of Whelan. I will truly miss you all. Ms. Latisha						