

October 2020 Breakfast/ Snack Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Waffles Strawberries Melon Rice cakes water	2 Grits + Cheese Melon French Fries Milk	3
4	5 Biscuits Oranges String Cheese Whole Wheat Crackers Water	6 Blueberry Bread Apples Yogurt Graham Crackers water	7 Fall Break Center Closed	8 Pancakes + Strawberries Bananas Rice Cakes Water	9 Muffins pears Tater Tots Milk	10
11	12 Cinnamon Toast Oranges Sausage Cornbread Milk	13 Bagels Cream Cheese Apples Applesauce Graham Crackers Water	14 Cereal Bananas Cheese Quesadillas Water	15 Waffles Strawberries Melon Rice cakes water	16 Croissants Melon French Fries Milk	17
18	19 Biscuits Oranges Cubed Cheese Crackers Water	20 Blueberry Bread Apples Applesauce Graham Crackers Water	21 Cereal Bananas Pizza Bagels Water	22 Pancakes + Strawberries Bananas Rice Cakes Water	23 Grits + Cheese Melon Tater Tots Milk	24
25	26 Cinnamon Toast Oranges String Cheese Whole Wheat crackers	27 Bagels Cream Cheese Soy butter Tortilla Milk	28 Cereal Bananas Cheese Bread Water	29 Waffles Strawberries Bananas Rice Cakes	30 Croissants Melon French Fries Milk	31

Milk is served with Breakfast/Lunch

*fresh Fruit subject to change based on availability

