

# RESOURCES FOR STUDENTS IN QUARANTINE AND ISOLATION



## **Student Health Services:**

If you experience any significant change in symptoms, or need a health consultation call **504-865-3326**, M-F, 8:30 am-4:45 pm. Rapid COVID testing is available at SHS. Call for a screening if you need assistance.



After hours you can call the Ochsner COVID Hotline: **1-844-888-2772** or the Ochsner On-call line: 1.800.231.5257. For virtual healthcare, which is available 24/7, you can use the **Ochsner Anywhere app** from your phone, tablet, or laptop. Visits are only \$10 for Loyola students, faculty, and staff.



## **UCC Counseling:**

Quarantine and isolation affecting your mental health? Call between 8:30 am and 4:45 pm, M-F and request a virtual appointment at **504-865-3835**. After hours call the **UCC Counselor On-Call: 504-865-3854**. The counselor on-call is available 24/7, 365.



## **Pastoral Counseling and Spiritual Companionship:**

University ministers are on call to provide support, companionship, and care throughout your quarantine experience. If you would like to receive check-ins from a member of Student Life and Ministry staff, please fill out **this form** to let us know the best way to reach you.



## **Emergency Coaching:**

During these uncertain times, if you would like to discuss how to adapt and adjust to online learning, or are experiencing stress or concerns related to basic needs or challenges outside of the classroom, **please fill out this form**. An InsideTrack coach will be in touch to talk things through.

## **Iggy's Cupboard and Self-Care kits:**

Loyola's Food Pantry is located on the lower level of the Danna Student Center. You can have a friend pick up items for you or we can coordinate having the items brought over to you if you are off campus. If you are living on-campus and need assistance with this, **please complete this form**. If you are off-campus, please complete **this form**.

## **Coaching and Tutoring:**



Experiencing issues with time management, motivation or routine during quarantine? Make an appointment with a **success coach**. Struggling to keep up with online classes? **OWLS offers virtual tutoring and academic support**.



## **Office of Accessible Education:**

A letter went out to your instructors informing them that you are attending online for now. If you need additional accommodations after your time in quarantine or isolation is done, reach out to OAE at **(504) 865-2990**.

## **City resources:**



You can check for the latest updates of the city's COVID-19 plan, COVID-19 testing drive-thru schedule, plan for emergencies, meal assistance, eviction help, and you can sign up for emergency alerts at **NOLA ready**.

## **If you need assistance with anything else while in quarantine or isolation you can reach out to the following people:**

On-campus residents: Reach out to Jaisa Young at **jyoung2@loyno.edu** or call **504-656-9066**

Off-campus residents: Reach out to Djoulissa Louis-Jean at **covid@loyno.edu** or call at **504-865-3757**

